

Do you care for an aging parent, spouse, friend or other person close to you? You are a caregiver. Would you like to connect with other people in similar situations?



Caregiver Support Group

When: Last Thursday of the Month
(Jan 25th, Feb 29th, Mar 28th, April 25th, May 30th, June 27th)
Where: United Church - 10409-100 Ave
Time: 2:00pm-3:00pm

Caregiver Support Group is a safe and confidential space to share and listen to others in a similar situation. Being a caregiver can have unique challenges, this is a time for reassurance, where caregivers can realize they are not alone. We keep all topics open for discussion and occasionally bring in professional guest speakers that educate and provide resources.

For more information, please call 780-992-6267