

Childhood Anxiety: Understanding and Helping Children Heal



Anxiety has many faces, and at this workshop parents, caregivers, and professionals will learn about the psychological and physiological roots of anxiety, why it is on the rise in our children, and what to do to help children better manage it.

Wednesday, October 9, 2019
6:00pm - 9:00pm
Boys & Girls Club

To Register:
780-992-0103
or
fortsaskboysandgirlsclub@hotmail.com

